

TEXAS DEPARTMENT OF HEALTH AUSTIN TEXAS INTER-OFFICE

TO: Regional Directors

Directors, Local Health Departments

Directors, Independent WIC Local Agencies Director, Office of Public Health Practice

FROM: Barbara Keir, Director (Original Signed)

Division of Public Health Nutrition and Education

Bureau of Nutrition Services

DATE: October 11, 2002

SUBJECT: On the Road to Excellence - Fit Kids! Satellite Teleconference

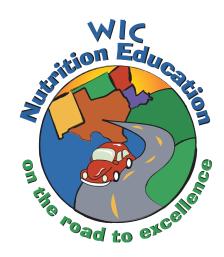
Thursday, April 3, 2003 is the date of the United States Department of Agriculture (USDA), Southwest Region Obesity satellite teleconference, *On the Road to Excellence- Fit Kids!* Please plan on sending all WIC staff who provide nutrition education. This teleconference is still in the very early planning stages, but we wanted to make sure you put it on your calendars.

Thanks to all of you who completed the obesity teleconference questionnaire. Your input will be used to plan an excellent educational experience.

If you have questions or require additional information, please contact Ms. Mary Van Eck, Nutrition Education Coordinator, Bureau of Nutrition Services, at (512) 458-7111, extension 3484 or mary.vaneck@tdh.state.tx.us.

Attachment

On the Road to Excellence Fit Kids!



Save this date: Thursday, April 3, 2003 Satellite Teleconference.

brought to you by the USDA Southwest Region and Texas Department of Health

Learn how you, the nutrition educator, can help kids and families:

- reduce the risk of childhood obesity
- improve nutrition and fitness
- develop healthy feeding relationships
- realize the value of healthy food choices and physical activity for their families

Look for registration information in January.

